## Roman Alexander Prachar (Saint-Juste)



Roman Alexander Prachar (Author name by the books is Roman Alexander Saint-Juste) was born in 1960.

He has spent his childhood and youth living in different countries around the world - including Europe (with the most time being in Austria), the U.S.A., South Africa and a few cities in Asia.

Mr. R. A. Prachar is an Austrian citizen. However, because he has lived in so many countries which have won his affections and have found a solid place within his heart, it can literally be said that he is an international citizen of the world.

(He comes from quite an international background as well: one grandmother came from Hungary - she was of French ancestors who immigrated to Hungary (around 1308), the grandfather was of Austrian ancestors born in Slovakia. The other grandfather came from the Czech Republic, where one line of ancestors was Italian, the grandmother was of North German ancestry (Schleswig-Holstein), who was born in Denmark - Copenhagen).

His original occupation is a construction engineer (civil engineer). Since that time as a student (1979) he had developed an interest in alternative building knowledge and methods, especially concerning the ideas of building biology, eco-architecture, environmental analysis, urban planning, ecology, radiesthesia, geomancy and Feng Shui.

He has completed many trainings and courses of studies. For example in 1996 he was awarded a degree from the International Feng Shui Institute (a part of the Medicina Alternativa Institute – the Open International University).

For 12 years Mr. R. A. Prachar has worked as a project manager for many large scale projects around the world where his multi-lingual skills and outstanding service have been proven.

Firstly he worked as project manager for an international building company which constructed large medical clinic complexes. For the next 7 years Mr. Saint-Juste was employed by a big international bank and was responsible for leading large global IT-projects in different countries in the world. While working within this department his main responsibility was for all areas of IT (Telecommunication and EDP).

One of his other duties as a certified project manager was to serve as a professional coach and mentor to all of the new project managers completing their initial training phase.

Since his childhood, Mr. R. A. Prachar has shown a great interest in science, alternative medicine and the different ideas relating to energetic methods of treatment.

He studied Christian theology, religion sciences and philosophy at the University of Vienna and his studies continued while he travelled to the United States, South Africa and Asia.

For many years he absorbed himself in learning about the different directions and outlooks of the world's many religions - Christians, Hasidic Judaism, Tibetan Buddhism, Indian Hinduism, Sufism and the Native American culture.

Over the years Mr. R. A. Prachar has also had many trainings which focused on the methods and treatments of many areas of a person's health and also uncovered a broad spectrum of many topics relating to health including: nutritional sciences, natural health, mineralogy, Acupressure, Kinesiology, different treatments for spinal column, Radionics, NLP, Polarity, Osteophony, color therapy and other energetic-metaphysical welfare ways and methods.

After 12 years of working as international project manager, Mr. R. A. Prachar finally decided to follow his heart and started his consultation service.

The results of the extensive research work (in that already in the year 1988 founded research institute) and the intensive study for many years formed an outstanding basis.

He discovered and developed the successful spinal column regeneration method. With this new, unique and absolutely risk-free method the shifted vertebras are brought - energetically without side effects - back into their optimal position in the spinal column.

This service he gladly provides 1x daily available for all people who want to benefit from it in full measure.

(www.wellbeing.e-add.com)

This unique method he has also described in his books. (www.gold.e-add.com; www.golden-life-int.com)

He developed also many new procedure ways and methods (e.g. within the ranges of building biology and the ecology), which work excellent in practice. Thereby he brought some new terms into being (English and German):

Construction Biology, Konstruktion-Biologie; Meta-Ecology, Meta-Ökologie; Aircraft Biology, Luftfahrt-Biologie; Ship Biology, Schifffahrt-Biologie; Car Biology, Fahrzeug-Biologie.

(www.win.e-add.com; www.construction-biology.com)

He is the creator and developer of the Super Living Programs. These programs contain over 26.000 entries = programmings on the quantum basis. They are very big assistance for everyone. So you can change your life to your BEST ONE and arrange it daily with much joy, love and courage to your wished SUPER LIVING – physically, emotionally, mentally and spiritually.

(www.program.e-add.com; www.superliving.e-add.com)

Some of the experiences and the holistic procedures in the consideration of a human as a harmonious and perfect unit of body, mind and soul are described in these 2 books of him:

- The Secret of Success –
   Holistic health's most important aspects (Part 1)
- 2. Healthy and successful! How I think, so I am.

  The most beautiful positive affirmations and motivational thoughts for holistic health (Part 2)

They are even available as 4 e-books in the German language on the website. (www.gold.e-add.com; www.golden-life-int.com)

He has also developed the unique and highly successful E-Color Therapy that provides excellent support for individuals, companies and families in so many areas and concerns of life. These therapies are always available online for your benefit. It is the revolution and the latest in the field of color therapy.

(www.health.e-add.com)

Since 2000 Mr. R. A. Prachar has been working all over the globe as a successful consulter. Out of all the holistic consultations he offers, his family and company consultations have been his most sought after services.

In the course of the years developed an excellent working partnership with Elisabeth Amalia and with a wide variety of experts from different ranges, which has been an overall success.

As a result of these working partnerships it is then possible to work quickly and efficiently when providing assistance to our clients. This is the key to our successful, holistic, individual and above all goal oriented consultations.

(www.success.e-add.com)

You can benefit of these numerous years of experience in particular online on the website and get the best tips and suggestions for your advantage there. So you can change easy your life to your BEST LIFE and live it and enjoy it for very long term! (www.best.e-add.com)